

HOW DO YOU FEEL ABOUT TEACHING THE GOSPEL IN YOUR HOME?



1
JUST PULLED
OUT MY LAST
STRAND OF HAIR
SO... NOT GOOD.



Put on a hat and take a moment to breath

IN & **OUT**

Do **ONE** thing today to help center yourself. Do something to help you find peace. Prepare your mind for change. Find focus on what matters most to YOU!

Don't start with long-term goals! Just make a goal to read your scriptures for 5 minutes today.

I read my scriptures today!

How do you feel?

Take your concerns to God in prayer



PRAY ←

5 **6**
DOING MY BEST
BUT STILL FEEL
LIKE I'M MISSING
THE MARK



Do you need to **SIMPLIFY** your goals or expectations?

Write one thing you can do to implement CFM into your already established habits?



What resources are you using? Are they working for your family?

N **Y**



Can I devote more time/effort to make this happen every week?

N

Y

Consider letting this go. Simplify!

Great! What are 1 or 2 things you can eliminate to make more time for this?

10
TOTALLY
NAILING IT!



Great! Keep up the good work and publish peace by sharing your tips for success with others!

Fantastic! Then use this space to evaluate your "pain points"

1 _____

2 _____

3 _____

Take this list to God in prayer

*If there is any guilt keeping you from praying, it is **NOT** from God. He is waiting to hear from you!*

Write down any impressions you have for moving forward.

